

Basic Pattern for Personal Mask

Materials:

Use a tight weave, 100% cotton fabric for the mask. A quick check is to take a sample of your fabric and quickly swipe it under a running faucet water stream. If the water beads up initially and does not soak through for a few seconds, it is adequate for this type of mask.

First: Before sewing, prewash all materials in hot water to preshrink, bias tape and cloth.

Adult: two 9" x 7" rectangles (Child – two 7" x 5" rectangles)

½" Double Fold Bias Tape –two 40" lengths for ties or 2 – 7" pieces of elastic

1. With right sides together, stitch across both short sides of rectangle using 3/8" (1 cm) seam allowance.
2. Turn rectangle right side out.
3. Unfold a bias tape tie and place the center of the tie on the centerline of the rectangle, aligning the edge of the tape with the top of the rectangle. Stich in the bias tape fold along the top of the rectangle.
4. Fold the bias tape up to enclose the raw edge of the rectangle. Stich the bias tape tie closed along the entire length of tie.
5. Repeat steps 3 & 4 for bottom of rectangle. This will result in 4 ties, one at each corner.
6. Folding along pleat lines, make three, ½" deep pleats across mask side, ensuring folds are all in the same direction. Stich the pleats down.
7. If desired, reinforce mask by stitching around mask edges over previous stitching.

NOTE: Elastic Ear Loops are an acceptable substitute to the ties.

All face masks should be washed and before use and cleaned again after becoming damp or moist. Color-safe bleach such as Clorox 2 or Purex 2 can be used to sanitize with hot water.

