



5 Fruits and Vegetables



2 Hours of Screen Time or Less



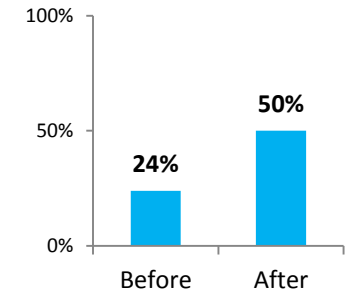
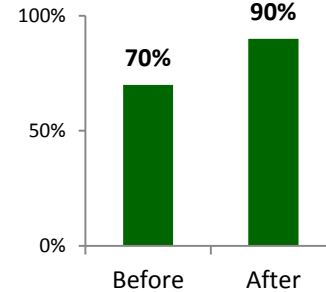
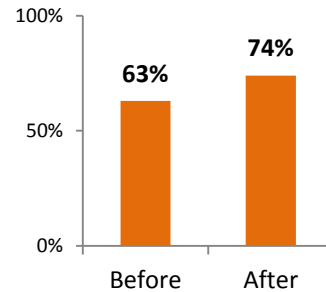
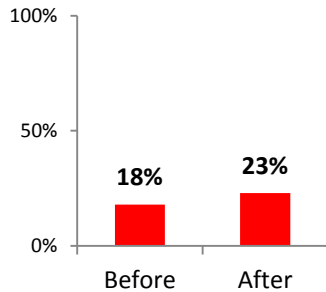
1 Hour or More of Physical Activity



0 Sugary Drinks

Cottonwood Elementary

Student responses:
Before=54; After=31
Students from two
4th grade & one
3rd/4th grade class



West Hills Elementary

Student responses:
Before=33; After=29
Students from one
3rd grade class

