

2014 JEFFERSON COUNTY HEALTH PRIORITIES

BACKGROUND: In Spring 2014, a group of community data users led by Jefferson Health Care and Jefferson Public Health reviewed the findings from a community health assessment to develop a list of top issues and final priorities.

PRIORITY: ACCESS TO MENTAL HEALTH AND SUBSTANCE ABUSE CARE

OVERVIEW:

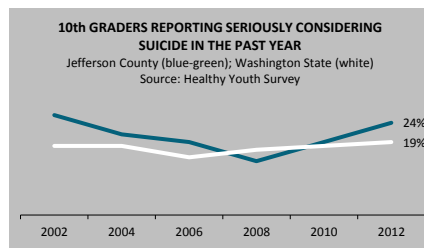
Poor mental health and substance use are critical health problems for Jefferson County residents. Youth and adults are equally affected and our systems do not currently provide enough care to meet the needs of our residents. Long term poor mental health and substance use are linked to poor physical health and premature death.

ACTION AREA IDEAS:

The following are ideas only; community work groups will determine actions, goals and measures.

MENTAL HEALTH:

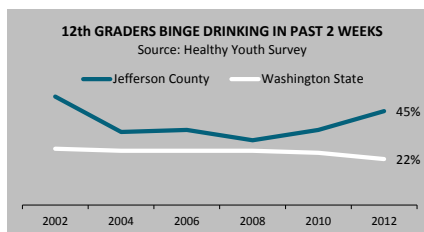
A workgroup comprised of JHC, Jefferson Mental Health and JCPH has started working to address appropriate access to mental health services to reduce inappropriate emergency department use, improve outpatient care, and improve well-being for Jefferson residents with mental illness.



SUBSTANCE USE:

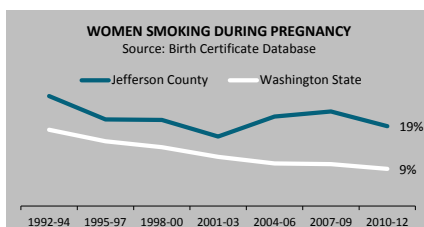
At Chimacum schools, a community coalition is working to reduce student drug and alcohol use.

School Based Health Clinics at Chimacum, Port Townsend and Quilcene schools are working with students to address substance use and mental health issues.



TOBACCO USE:

Health Care Providers and Public Health nurses are working to address tobacco use throughout pregnancy. OB care and Nurse Family Partnership are working together to offer more support to decrease smoking during pregnancy.



FACTS

JEFFERSON COUNTY IS A FEDERALLY DESIGNATED PSYCHIATRIST SHORTAGE AREA¹

1 IN 10 ADULTS REPORT POOR MENTAL HEALTH 14+ OF THE PAST 30 DAYS;

1 IN 5 ADULTS REPORT EVER BEING DIAGNOSED WITH DEPRESSION²

1 IN 3 10TH GRADERS REPORT BEING DEPRESSED; 24% REPORT SERIOUSLY CONSIDERING SUICIDE IN THE PAST YEAR³

1 IN 8 RESIDENT DEATHS ARE RELATED TO ALCOHOL OR DRUGS⁴ 3 IN 4 DRUG RELATED DEATHS ARE ADULTS AGES 45 TO 64⁵

25,000 SYRINGES WERE EXCHANGED AT THE COUNTY SYRINGE EXCHANGE PROGRAM IN 2013⁶

IN THE PAST MONTH, 15% OF 10TH GRADERS SMOKED CIGARETTES; 30% SMOKED MARIJUANA³

2014 DATA REVIEW AND PRIORITIES PROCESS FACILITATED BY JEFFERSON HEALTH CARE AND JEFFERSON COUNTY PUBLIC HEALTH

Analyses and fact sheet produced by: Siri Kushner, Kitsap Public Health District

Sources: 1. <http://hpsafind.hrsa.gov/HPSASearch.aspx>. 2. Behavioral Risk Factor Surveillance System. 3. Healthy Youth Survey. 4. WA State Dept. of Social and Health Services. 5. Death Certificate Database. 6. Jefferson County Public Health.