

**Mental Health and Substance Abuse Sales Tax Committee**

**Meeting Minutes**

**January 29, 2013**

(Rescheduled from Feb. 5<sup>th</sup>)

**3:30-5:00 PM**

**Jefferson County Public Health, Large Conference Room**

**Approved March 5, 2013**

I. Call to Order/ Introductions – 3:35 PM Called to Order

Board Members:     X John Austin  
                          X Sheila Westerman  
                          X Catharine Robinson  
                          \_\_\_ Barbara Carr - excused  
                          X Conner Daily  
                          X Jill Buhler  
                          X Ruth Gordon

Staff: Julia Danskin

I. Approval and modification of the Agenda – Catharine (M)/Jill (S)/Approved with addition of “Frequency of meetings and agenda planning” under Other.

II. Review and adoption of the minutes of November 20, 2012 –

Sheila commented that Meeting Minutes has the next scheduled meeting as Feb. 5<sup>th</sup> and the meeting was changed to Jan. 29<sup>th</sup>. As of Nov. 20<sup>th</sup> Meeting the Meeting Minutes were correct and the next schedule meeting was changed after the Meeting was concluded.

Ruth (M)/Catharine(S)/Approved.

III. Public Comment - None

IV. 2012 and 2013 Budget Tracking – Tabled till March 5<sup>th</sup> meeting. All expenses for December haven’t been posted

V. Report from Jefferson County Jail RN services/contract – Pat Wiggins reviewed and explained Jail RN services.

Pat assesses inmates at risk for substance abuse withdrawal or mental health issues. She reviews any medical conditions, mental health history, medications and drug and alcohol usage. She will connect with medical

providers to insure any medical care, including medications, will continue while the inmate is in jail.

She has educated the Jail staff for signs and symptoms of withdrawal from drugs and alcohol, and will pass on necessary information on specific inmates as indicated.

She explained all the ways she supports inmates in getting the care they need including referrals to Mental Health and Substance Abuse treatment.

She gave a case history of an inmate over a 4 year period and all the ways she continued to support the inmate in recovery as he relapsed several times.

Pat shared trends/issues she has observed.

- Pockets of heroin Port Angeles
- Pot in Port Townsend and inmates reported that their parents used pot and that is how they started
- Pockets of Meth in Port Hadlock and Port Ludlow but there has been a decline in meth use after a recent drug bust and the group using has scattered.
- Alcohol use has increased possibly because of the increase access since the grocery stores started selling alcohol last summer.
- Skin problems are a common health issues related to drug usage
- Dental problems are common health issues
- Older inmates 40+ have chronic health conditions related to drug and alcohol use
- Women use any drug the guys provide
- Illiteracy is high. Pat said it would be good to get a reading program into the Jail. Some inmates can't fill out forms or sign their name.

The Committee asked questions regarding coordination with the Port Townsend Police and the Jail. Arresting officers will take clients to Jefferson Healthcare directly if there is health, mental health and/or withdrawal symptoms observed before taking them to the jail.

Question regarding medical care: The Jail has a contract with Ken Brown for medical treatment for inmates. Ken is available by phone 24 hours a day.

Question regarding Veterans: Pat has a list of Veterans Resources for inmates who are Veterans including medical care and medications.

Question regarding families: almost all of the women inmates have children; many of the male inmates have children and many are separated from their children.

The Committee commented on how necessary Jail RN services are for both the inmates and the jail staff. The Jail RN contract is for 20 hours a week. Sunday evening is her busiest day.

The current Mental Health/Substance abuse budget doesn't cover the total cost of the Jail RN contract. The Sheriff's office is paying for the difference in cost at this time.

VI. Priorities Discussion – Follow-up 2006 Ordinance and future plan – tabled till future meeting. Julia will send copy of the 2006 Ordinance to review before the discussion

VII. Outcomes and Evaluations discussion – Julia shared information that was emailed December 13, 2012 to both the contractors/service providers and the Committee. Email included letter describing how Public Health will collect data from contractors in 2013 and an updated data template to complete when submitting invoices. Public Health is working to streamlining the data collection process with less evaluation funds in the 2013 budget.

Other contractors/service providers will be asked to present their outcome/evaluation process at future Committee meetings. Jumping Mouse is prepared at this time but the March 5<sup>th</sup> meeting already has a full agenda.

VIII. Other – Frequency of meetings and agenda planning. – tabled till next meeting.

March 5, 2013

Agenda Items:

2012 Data – Siri's report

2012 Final Expense/Revenue report

2013 Budget tracking

Frequency of meetings and agenda planning

Priorities Discussion – future plan

Outcomes and Evaluations –

Invitations to presenters/contractors

RFP process for 2014